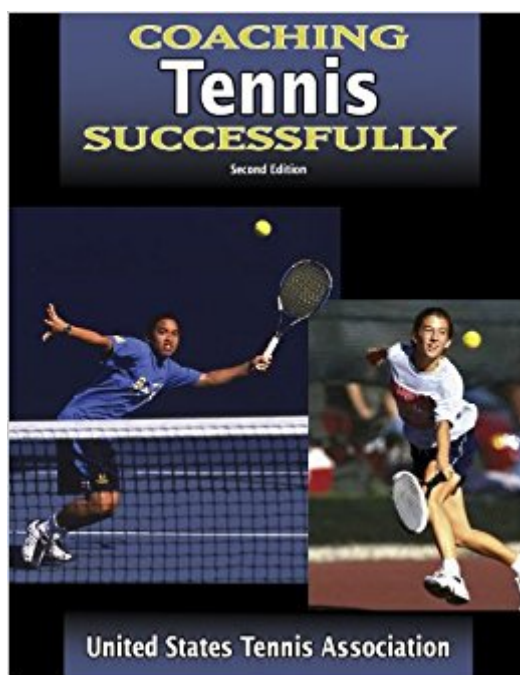


The book was found

Coaching Tennis Successfully - 2nd Edition (Coaching Successfully Series)



Synopsis

As a coach, your success depends on the success of your players. In *Coaching Tennis Successfully*, the United States Tennis Association (USTA) combines the expertise of winning coaches with the experience of USTA players to serve up a comprehensive guide that ensures your success. They offer specific teaching tips and mentoring concepts for managing a winning tennis program. An organization known for its teaching prowess, the USTA explains how to instruct players in strokes, footwork, volleys, overheads, and serves. In addition to teaching the basics, this book will assist you in effectively integrating game strategies and tactical concepts into your lessons to facilitate the development of well-skilled, competitive players. Reaching beyond strokes and strategies, this essential handbook covers both on-court and off-court management duties:

- Demonstrating a sound approach to coaching and playing tennis
- Maximizing practices with structured plans and drills
- Communicating with your team
- Training players to withstand the physical and mental challenges of the game
- Developing a mentoring relationship with individual players

As owner and operator of the highest-attended annual sporting event in the world--the U.S. Open--the USTA knows tennis. And, with access to some of the top names in tennis coaching, the USTA knows coaching. Competitive teams, confident players, and thriving tennis programs all emerge from educated coaches, so get the edge in this one complete guide--*Coaching Tennis Successfully*.

Book Information

Series: Coaching Successfully Series

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Customer Reviews

"This book has something for everyone coaching advice based on practical high school coaching expertise enhanced by advice from USTA national coaches. It's a must for all tennis coaches." Dick Gould Stanford University 17 NCAA Championships From Tennis Week," "...offers specific teaching tips and mentoring concepts to help coaches manage a winning tennis program. This book covers everything from instructional tips to player motivation and match strategy, to communicating effectively with one's team...helps each coach facilitate the development of well-skilled, competitive players.""

• This book has something for everyone • coaching advice based on practical high school coaching expertise enhanced by advice from USTA national coaches. It's a must for all tennis coaches." Dick Gould Stanford University 17 NCAA Championships "...offers specific teaching tips and mentoring concepts to help coaches manage a winning tennis program. This book covers everything from instructional tips to player motivation and match strategy, to communicating effectively with one's team...helps each coach facilitate the development of well-skilled, competitive players." Tennis Week

As a first year Coach I found this book Excellent. It taught me tennis from the Coach's perspective, rather than the players. I had played both High School Tennis, as well as College Tennis for a Southeastern Conference school. This book helped me to understand the mental part of the game that had to be imparted to the players, as well as the refresher for the physical part. Passing on the mental toughness required for the players was critical for their future in Tennis.

This has been very helpful for me in coaching our high school tennis team. While much of it I already knew, there was still much to gain. I do revisit it at the beginning of a new season.

Great book. I'm a high school tennis coach and still I learned quite a bit from reading this book. It's well done and covers some serious topics for coaches.

Great book!

Very helpful with ideas for my coaching tennis. Team members enjoyed checking out the book too. Shared the book with other coaches.

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